

Get in Touch

If you are experiencing domestic abuse, or know someone who is, then please get in touch,. Our contact details are below and we welcome both self-referrals and external referrals from other agencies.

If you feel that you are in danger from an abusive partner/ex-partner or anyone else you should call the police.

**If you just want to talk to someone about the abuse the Men's Helpline is available on:
08088010327**

01554 752422
enquiries@threshold-
das.org.uk

Threshold Male Victims of Domestic Abuse



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What is Domestic Abuse?

Domestic Abuse is defined as “any **incident or pattern of incidents of controlling, coercive, threatening behaviour, violence or abuse** between those aged 16 or over who are, or have been, intimate partners or family members **regardless of gender or sexuality**. The abuse can encompass, but is not limited to: **Psychological, Physical, Sexual, Financial and Emotional**” (GOV.UK, 2018)

Controlling behaviour: any act designed to make a person subordinate and/or dependent by isolating them, exploiting their resources, depriving them and regulating their everyday behaviour.

Coercive behaviour: any act or pattern of acts of assaults, threats, humiliation and intimidation or other abuse to harm, punish or frighten.

On average, the police received over 100 calls relating to domestic abuse each hour which equates to 10% of all crime occurring each year.

How does it affect men?

The Crime Survey of England and Wales states that **1 in 6 men** will experience domestic abuse in their lifetime. However, this is only based on those who report the abuse to the police thus the statistic could be much higher.,

Male victims can experience the same types of abuse as female victims including physical, sexual, financial, psychological and emotional abuse.

How do we support male victims of domestic abuse?

At Threshold DAS we support both male and female victims in a variety of ways.

Firstly, we complete an assessment to determine what type or support would be the most suitable to the individual. From this point a range of services are offered to the individual including:

- Emotional Support
- Practical Help including:
 - Support with tenancy and legal needs
 - Support with any court appearances
 - Support with any child-based issues
- Provision of a safe space to discuss the abuse they have endured
- Signposting to additional support services including: counselling, homelessness support and local men’s groups including Men’s Sheds.

As an organisation we recognise the fact that anyone can be effected by domestic abuse regardless of age, ethnicity, gender or sexuality.