

Threshold

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CHILDREN AND YOUNG PEOPLE WORK

For more information or to make a referral
please contact:
enquiries@threshold-das.org.uk.

Threshold Domestic Abuse Services

32 Station Road, Llanelli, SA15 1AN

01554 752422

www.threshold-das.org.uk



WHAT WE DO

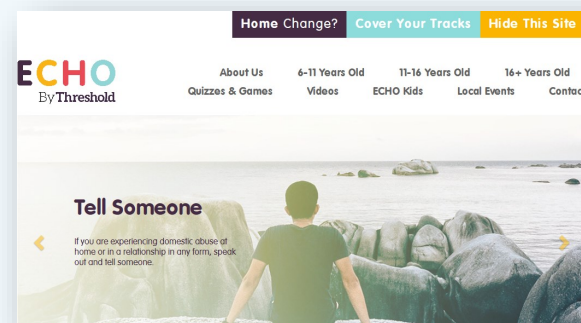
At Threshold-DAS we take a full-family, holistic approach to tackling domestic abuse. This means we work with all family members including children who have been affected by domestic abuse.

We currently have four child workers who are involved in our organisation in various ways to support children and young people who have different needs. Some of the work we do includes; child counselling, play therapy, mental health awareness, group and 1:1 sessions and training for professionals. All of our child workers support children and young people and help them realise they are not to blame for the domestic abuse which has occurred.

Any child or young person can be referred to our organisation if they have been impacted by domestic abuse. Individuals can either self-refer or have a referral made on their behalf. These referrals can be accessed by contacting **01554 752422** or emailing **enquiries@threshold-das.org.uk**.

In addition to children and young people services we have a brand new website which has been developed alongside a cohort of children and young people who have influenced its creation. This site is packed with useful information, case studies and lots of signposting information to other services. There is also a link through to our main site. The website can be accessed at **www.echothreshold-das.org.uk**.

RESOURCES



We have a wide range of resources available on our ECHO website for children and young people and for those supporting them. On our website you will find the following:

- Interactive Quizzes
- Videos on a range of topics including; domestic abuse, mental health, stress, school and bullying
- Links to other helpful websites
- Contact information for making referrals
- Real-life Case Studies
- Mental Health Toolkit
- Work by ECHO children and young people

If you have any suggestions or recommendations about things which you feel should be included on the site then feel free to contact us.

Our website is directed at children and young people with the aim to educate them about domestic abuse and its effects and to remind them they are not to blame.

EFIP WORKER

Aged
0—21

E-FIP stands for Early Family Intervention Program and our E-FIP worker engages any children and young people aged 0—21.

The E-FIP child worker engages with children and young people in therapeutic play activities to help them understand and realise domestic abuse is not their fault. The E-FIP worker also works alongside the DASH worker in running trips and other events for children and young people. She also works closely with the children in the refuge to ensure they are getting the support they need.

We believe there is a need to approach domestic abuse in a more comprehensive and co-ordinated way, especially through placing emphasis on prevention and early intervention which is why our child workers and the work they do are so important.



DASH WORKER

Aged
0—16

DASH stands for Domestic Abuse Stops Here and our DASH worker engages children and young people between the ages of 0—16 years old.

Our DASH worker is part of a trio of child workers who engage children and young people across all of Carmarthenshire, particularly Llanelli, Carmarthen and Amman Valley. She offers both 1:1 and group sessions for those effected by domestic abuse.

One of the key purposes of the DASH worker is to help predominately with the intervention process of family experiences of domestic abuse which is why she works so closely with our E-FIP child worker.



COCOON WORKER

Aged
10—25

Our COCOON worker engages 10—25 year olds in a range of topics related to mental health and domestic abuse.

Our COCOON worker provides both 1:1 and group work with children and young people who are suffering with their mental health as a result of domestic abuse. The worker delivers informal workshops enabling children and young people to recognise when they aren't handling their mental health issues well and to provide support and access to specialised services when needed.

Our COCOON worker also delivers training to professionals regarding domestic abuse and mental health helping to break down barriers and the stigma attached to these topics.



ECHO WORKER

Aged
8—18

ECHO stands for Enhancing Children's Healthy Opportunities. Our ECHO program engages with children and young people aged 8—18 years old for a set number of sessions.

Our ECHO program employs a fully trained children's crisis counsellor and she offers 1:1 counselling as well as therapeutic play as a way of helping children and young people deal with the domestic abuse they have experienced including both current and historic. She has also worked with a children's steering group to create and develop the children's website ECHO. This can be accessed at www.echothreshold-das.org.uk.

The aim of the ECHO program is to support children and young people to have a better understanding of healthy relationships and their emotions through promoting respect, assertiveness and self-esteem.

