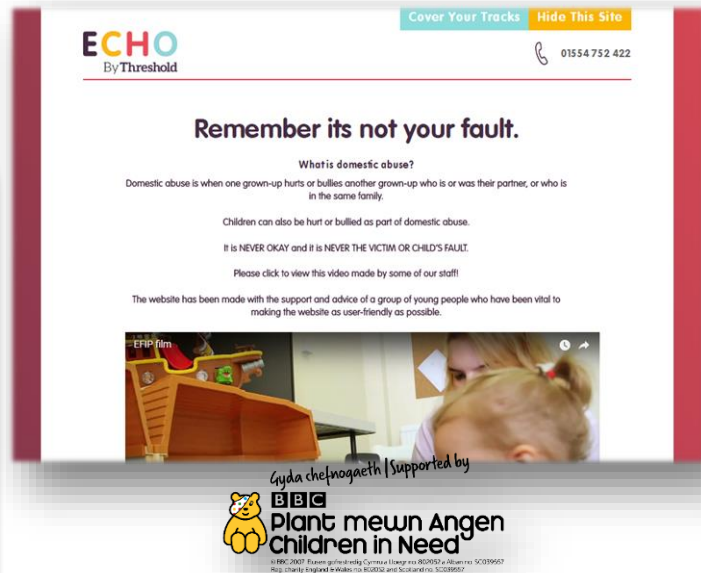


Threshold

APRIL NEWSLETTER

Children's Website

We recently launched our children's website ECHO! This site has been designed *by* children and young people *for* children and young people. The site has lots of useful information, games and videos regarding domestic abuse and the effect it can have. To visit the website go to **echothreshold-das/org.uk**



Freedom Program

We are still running our Freedom Program from the Outreach Office. This program is delivered on a rolling basis so if you wish to join just contact us at **01554 752422.**

The Freedom Programme



The upcoming sessions are:

- | | |
|-----------------------------|--------------------------------|
| 17/04 – The Dominator | 05/06 – The Sexual Controller |
| 24/04 – The Bully | 12/06 – The King of the Castle |
| 01/05 – Bad Parent | 19/06 – The Liar |
| 08/05 – Effects on Children | 26/06 – The Persuader |
| 15/05 – The Headworker | 03/07 – The Warning Signs |
| 22/05 – The Jailer | |



**Cronfa Gymdeithasol Ewrop
European Social Fund**

Impact Report

Threshold ^{DAS}

Impact Report 2016 - 2017

Since its foundation in 1984, Llanelli Women's Aid has moved from strength to strength by utilising connections in the surrounding area and building lasting relationships with many throughout the community. Today, although our name has changed our commitment to ending domestic abuse and sexual violence remains as strong as ever.

- 1984: Llanelli Women's Aid established
- 1985: First refuge started
- 1993: Current refuge built and opened
- 2002: Community support provision implemented
- 2006: Changed from collective structure to a hierarchy with a director
- 2007: Became an Charity Limited by guarantee
- 2009: New community office opened
- 2013: Registered as an accredited Agored Cymru Centre offering qualifications
- 2015: E-FIP project started with a whole family intervention
- 2016: Expanded our specialist children services

2017

We have recently published our most recent Impact Report. This report documents all the work we've been able to achieve thanks to the continued funding we have been given and the support we have had from the community. To find out more information or to read the Report in full visit our website and go to the "News" section.

Project Y

In the past few weeks our brand new program has started – Project Y.



LOTTERY FUNDED

The **Project Y** program will support young people at a very early stage, where possible to sit down and talk through with the help of mediation; problems and issues around the breakdown of the relationship, residency of the children, access and the rights of the children to see both parents if they wish to do so.

The project delivery will be split into a number of programs such as

The Sparrow Program – a bespoke program written for delivering to children and young people (age 8 – 25) about healthy relationships, covering areas such as; social media, sexting, safe use of the internet, sexual health, understanding sexual orientation, suicide intervention, drug and alcohol abuse, mental health, self-harming, bullying, peer pressure, healthy relationships and healthy eating

Purple Heart – RESPECT young person program – an early intervention program focussing on teenage use of violence in close relationships (boyfriends, girlfriends, siblings, anyone with whom young people share a relationship with).

Making waves – is a parental abuse program (10 – 25) for those who have been violent to a family member including parents, siblings etc.

Open 4 All – mediation program working with the whole family. A specialist service developed for young people, taking into account their specific needs. The program is flexible, sensitive and individualised, paying great attention to young people's personal needs.

Only Health Care and Legal Professionals Aloud – training for Health Care professionals and the legal profession and the WISH Program provided accredited programs of support for those 16+

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