

# Threshold

## Monthly Newsletter

### November



## Safeguarding Training

This month there will be two opportunities to take part in some Safeguarding Training! One of our workers, Felicity, is going to be running a one-day training event on November 29th at our Station Road address in Llanelli from 9.30 – 2!

In addition to this, Felicity will also be running another Safeguarding Training event in Caerphilly in the Twyn Community Centre on Thursday 16<sup>th</sup> of November,

Both these events are Agored accredited to level 2 so if you would like to take part in either of these events then please contact either Felicity or Hadeel for more information and to sign-up!

Felicity: [flewis-warlow@threshold-das.org.uk](mailto:flewis-warlow@threshold-das.org.uk)

Hadeel: [HDart@threshold-das.org.uk](mailto:HDart@threshold-das.org.uk)

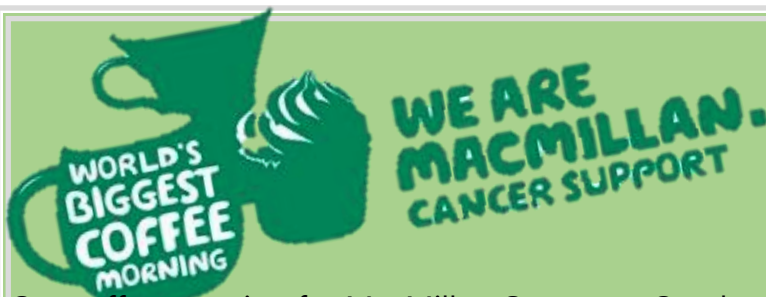
## WEB

WOMEN EXPLORING BUSINESS

WEB is now halfway through and we have been invited to have a stall on Llanelli Outdoor Market to sell the ladies creations on November 16<sup>th</sup>! The ladies are making various Christmas decorative items to sell as part of their business course with the aim of making a profit!

The second Women Exploring Business (WEB) course starts Friday November 10<sup>th</sup>! This will run for seven weeks for one day a week from 9.30 – 2.30!

The course is open for any female, aged 25+, living in a Communities First Area and are economically inactive. If you wish to take part please contact Layla: [llucas@threshold-das.org.uk](mailto:llucas@threshold-das.org.uk) or 07716690830



Our coffee morning for MacMillan Cancer on October 4<sup>th</sup> was a huge success with £100 being raised on the day! Cakes were sold at £1 per slice and was supported well by staff, service-users, volunteers and friends of the organisation! Surplus cakes were sold to neighbouring businesses. Let's hope next years is even bigger!



To find out more about Threshold or to donate please visit our webpage for more information!  
<http://threshold-das.org.uk/>

# Choices

At Threshold we currently have a Choices programme, which is being accredited through the Respect accreditation process. Our Choices programme aims to help those who commit domestic abuse to understand their behaviours and change them. Here is a mini case study of one attendee of the programme. For confidentiality purposes we have changed his name to Kai:

“Kai was referred to Choices by Social Services earlier this year. He was happy to try the course. Although at first he was nervous, Kai became to engage with the group. Kai had struggled with physically assaulting his partner, using drugs and overconsuming alcohol. Although Kai said he knew his behaviour was wrong he was unsure how to change it.

22 group sessions later and Kai says he now realises what he was like and can now spot problems before they arise. He now has conversations with his partner to check things are okay and that he is more laid back now. Before, Kai hated to lose an argument with his partner now he lets things go and agrees to disagree.”

Choices has impacted Kai’s life in a big way – maybe it can do the same for you too.

For more information please contact our EFIP office: 01554 752422

# New Website!!

Last month we launched our NEW website!!

This site has all the information you need about our services and is packed full of information. The website also offers copies of our newsletters, information on different courses and events we run as well as useful links, publications and helpline numbers.

To access the website visit:  
<http://threshold-das.org.uk/>



Thank You!

A huge thank you to Llanelli Town Council for giving us a cheque of £300.00 for children’s activities! The money will be very helpful for our upcoming Halloween and Christmas events!

# Service-User Space



In light of Halloween this month, one of the children down in refuge has coloured this skull in as a piece of art!

This artwork is now proudly displayed on one of the walls in our refuge.

In addition to this Halloween-based art work, both our Outreach office and EFIP office have hosted Halloween parties which have been well attended. These have included: pumpkin carving, craft activities, games, face painting and activities for the parents.

## Thank you to our funders!



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